

My Curiosity List:

Try. Tweak. Repeat



"Hmm, Maybe" List

Jot down things you've been curious about, even if they're just sparks:

Micro-Moments to Try

- Use a different mug tomorrow morning
- Google a random topic that's always made you wonder
- Rearrange one drawer, shelf, or corner of your space
- Listen to a new genre of music (jazz, country, classical)
- Compliment someone you usually just smile at
- Journal just one sentence a day this week

"My kind of DIY" Corner

If I had 30 quiet minutes, \$5, and no expectations, I'd try...

Reset Button Box

- Listen to a new genre of music (jazz, country, classical)
- Compliment someone you usually just smile at
- Journal just one sentence a day this week

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No pressure-just ponder.